

# 2018

CALENDAR YEAR

# MARCH

CALENDAR MONTH



No wonder it's been called the 'best atmosphere to get strong!'

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	01	02	03
			7:00a Cycle Beat Sharon 5:30p Bodypump Sarah 6:30p Cardio Groove Kelly	11:00a BP Exrpess Cindy 12:00p Cycle Jill 5:30p Bodypump Mara 6:30p Cycle Michael 7:30p Yoga Eliza	9:00a Cycling Michael 10:10a Tabata Janet 5:30p Zumba JaVon	8:00a Bodypump Mara 9:05 Cycle Michael 10:10a Cardio Blast Cherie 11:30a Zumba JaVon
04	05	06	07	08	09	10
10:10a Cycling Beth 11:30a Cardio Groove Victoria 1:00p Yoga Diane	9:00a Cycling Jill 5:30p Bodypump Mara 6:30p Cardio Groove Kelly	6:00a Bodypump Sharon 7:45a Yogalattes Sharon 12:00p Cycling Jill 5:30p Cycle Laqueeta 6:35p Bodypump Mara 7:40p Yoga Eliza	7:00a Cycle Beat Sharon 5:30p Bodypump Sarah 6:30p Cardio Groove Kelly	11:00a BP Exrpess Cindy 12:00p Cycle Jill 5:30p Bodypump Mara 6:30p Cycle Michael 7:30p Yoga Eliza	9:00a Cycling Michael 10:10a Bodypump Sarah 5:30p Zumba JaVon	8:00a Bodypump Mara 9:05a Cycle TBA 10:10a Bodypump Cindy 11:30a Zumba JaVon
11	12	13	14	15	16	17
10:10a Cycling Beth 11:30a Cardio Groove Kelly 1:00p Yoga Diane	9:00a Cycling Jill 5:30p Bodypump Mara 6:30p Dance Fit Victoria	6:00a Bodypump Sharon 7:45a Yogalattes Sharon 12:00p Cycling Jill 5:30p Cycle Laqueeta 6:35p Bodypump Mara 7:40p Yoga Eliza	7:00a Cycle Beat Sharon 5:30p Bodypump Sarah 6:30p Cardio Groove Kelly	11:00a BP Exrpess Cindy 12:00p Cycle Jill 5:30p Bodypump Mara 6:30p Cycle Michael 7:30p Yoga Eliza	9:00a Cycling Michael 10:10a Bodypump Sarah 5:30p Zumba JaVon	8:00a Bodypump Mara 9:05a Cycle TBA 10:10a Bodypump Cindy 11:30a Zumba JaVon
18	19	20	21	22	23	24
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